



For Immediate Release

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**TWELFTH ANNUAL BAY AREA SENIOR GAMES TO BE HELD  
APRIL 14 – MAY 27, 2018**

*Athletes Will Compete in Eighteen Sports in Palo Alto, San Mateo and Bay Area*

PALO ALTO – April 1, 2018 – The Twelfth Annual Bay Area Senior Games will be held April 14 – May 27, 2018 at venues in Santa Clara, Alameda and San Mateo Counties, The Bay Area Senior Games, first held in 2006 as test events for the 2009 Summer National Senior Games, are for athletes – men and women, age 50 and older.

“We are delighted to be able to continue the tradition of the Bay Area Senior Games – now in our twelfth year. These men and women are shining examples of the benefits of an active, competitive lifestyle that embraces vitality and exemplifies the slogan of the 2009 Summer National Senior Games, “Long Live the Challenge,” explained Anne Warner Cribbs, 1960 Olympian, President of the Local Organizing Committee for the 2009 National Senior Games and now heading up the 2018 Bay Area Senior Games.

The Games will feature eighteen competitions including: Archery, Badminton, Basketball, Cycling, Golf, Lawn Bowling, Pickleball, Powerwalk, Race Walk, Racquetball, Road Race, Soccer, Swimming, Table Tennis, Track & Field, Triathlon, Volleyball and Water Polo.

The competitions of the 2018 Bay Area Senior Games are spread around the Bay Area, with Soccer, Swimming, Basketball, Racquetball, Lawn Bowling and Pickleball in Palo Alto. Track & Field in San Mateo, Table Tennis in Milpitas, Badminton in Fremont, Track and Field, Racewalking, Powerwalking and 5 K Road Race in San Mateo, Archery in San Jose and Water Polo in Moraga.



"We are very happy to help host the Bay Area Senior Games as part of our ongoing support of the senior community"; said Kristin O'Kane, Interim Director, City of Palo Alto Community Services, "This event not only encourages individuals over 50 to stay fit and live healthy, but it also supports Palo Alto's Healthy City, Healthy Community Initiative."

In 2018 seven regional Senior Games competitions are taking place around the state. Sites for regional Senior Games include San Diego, Palm Desert, Pasadena, San Francisco Bay Area, Sonoma, Inland Empire and Visalia. A complete list with contact information for all the Senior Games in California may be found at [www.californiaseniorgames.org](http://www.californiaseniorgames.org)

The Bay Area Senior Games are conducted under the auspices of the Bay Area Sports Organizing Committee (BASOC) and the California Senior Games Association. The Bay Area Senior Games were held in 2006, 2007 and 2008 as "test events" for the 2009 Summer National Senior Games, that hosted 10,500 athletes and in 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017 and 2018 will continue the tradition as a "legacy" event of the 2009 Summer National Senior Games.

On line registration, for the 2018 Bay Area Senior Games is now open for all sports at [www.bayareaseeniorgames.org](http://www.bayareaseeniorgames.org). Registration forms are available by calling 650.323.9400 or download at [www.bayareaseeniorgames.org](http://www.bayareaseeniorgames.org). Volunteers are encouraged to sign up at [www.bayareaseeniorgames.org](http://www.bayareaseeniorgames.org)

**The California Senior Games Association's mission is to promote healthy lifestyles for seniors through education, fitness and the spirited competition of sports, while inspiring everyone to embrace health and appreciate and enjoy the value of sports related exercise.**